# How to use BECLOMETASONE NASAL POWDER 25µg "TOWA"

## Please follow the instructions below for proper use of the medicine:

Please also make sure to read the precautions on the reverse side before use.

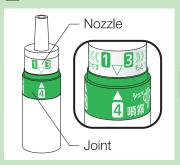


Blow your nose to clear your nasal passages before using the medicine.

If you lose track of how to use

Repeat from Step 2.

The spray amount will not increase with repeated procedures.



Remove the cap and the nozzle aligns with the  $\triangle$  (4) mark on the joint as shown above.

6 4 Spray.



Insert the nozzle into a nostril while closing the other nostril with a finger, and firmly push the pump 2 to 3 times.

 $3 \ll \frac{\text{Turn}}{\text{the nozzle.} 1}$ 



Turn the nozzle in the direction of the (11) mark so that the ∨mark aligns with the  $\triangle$ (2) mark.

4 Spray into the other nostril.

After repeating Steps 2 to 5



After repeating Steps 2 to 5, insert the nozzle into the other nostril and spray as explained in Step 6.

Gently tap the bottle. 2



Gently tap the bottle on a flat surface 2 to 3 times from a height of 2 to 3 cm.

Perform maintenance.



Wipe off the dirt outside and inside the nozzle with a cotton swab or a tissue paper after spraying.

5 B Turn the nozzle.



Turn the nozzle in the direction of the ( ) mark so that the ∨mark aligns with the  $\wedge$  (4) mark.

9 Store.



Turn the nozzle and the bottle body to align the  $\nabla$  and  $\triangle$ (4) marks and replace the cap. Fill in the Spray Frequency Checklist and store the bottle in a storage bag.

The dosage prescribed for you is
( ) spray(s) per day
for each nostril.
Spray in the
MORNING / at NIGHT / ( )
Start date MM/DD/YYYY
/ /

#### **About this medicine**

- This medicine is used to alleviate the symptoms of sneezing, runny nose, and stuffy nose.
- Please follow your doctor's instructions for dosage and administration (number of sprays).
- This medicine is intended for use by spraying directly into the nose. Do not spray into your eyes or mouth.
- This bottle is for 60 sprays.(If you spray into each nostril twice a day, you will spray 60 times in 15 days.)
- Owing to the small amount of medicine in each spray, you may not feel like you have taken the medicine.
   However, if sprayed correctly, the medicine has been administered as prescribed.
- Do not disassemble the bottle or wash it with water. You will not be able to spray correctly.

Please see the reverse side for instructions on how to use.

# **About the storage bag and Spray Frequency Checklist**

- Enter the start date on the storage bag.
- In order to confirm the number of sprays, check the box after every use.
- After opening the aluminum package, put the bottle in the storage bag and store it at room temperature away from moisture.



 Do not use the bottle if the aluminum package was opened a long time ago.

## About maintenance of the bottle

If you leave the dirt on the nozzle, you may not be able to spray any more. Clean up the nozzle by following these steps:

- Wipe the nozzle tip with a tissue paper after spraying.
- If nasal mucus enters inside the nozzle, wipe it off with a clean cotton swab (Figure ①) or a twisted tissue paper (Figure ②) after spraying.





The bottle is made of plastic. After running out of the medicine, dispose as plastic waste according to the methods specified by each local government.